

Noise Management Plan

June 2025



The Red House, 78 High Street
Codicote SG4 8XD

INTRODUCTION

An application for planning and listed building consent is being made to Hertfordshire District Council for discreet alterations and partial change of use to the Grade II listed structure known as The Red House in the village of Codicote. This Noise Management Plan is appended to the application to identify the measures incorporated into the scheme to control noise emanating from the Wellness Studio component of the property.

The owners and operators of the Red House property are members of the Codicote community themselves and are fully committed to undertaking provisions to ensure the main Café and Wellness Studio outbuilding are managed in a manner to ensure the least disruption to local residents while providing vital services to enhance and bolster the local community.

ANTICIPATED USES

The plan is to use the Wellness Studio to provide workshops and classes for small numbers of people. The idea is to create an intimate and safe environment, in the manner of a home-to-home building. Many of the activities will inherently provide a tranquil and peaceful environment for mental wellbeing. None of the activities would require loud music or vocal participation in a manner which would inherently disturb local residents.

The following uses are currently anticipated:

- Yoga
- Pilates
- Meditation (using headphones)
- Nutrition workshops
- Baby massage (day hours)
- Mums to be workshops
- Artistic workshops such as water colouring
- Knitting & sewing groups
- Voluntary group meetings for community groups – e.g. Dementia Café
- Counselling services

As both owners and managers of the facilities, the owners will be responsible for engaging and communicating with the local community the details of proposed events. Clear guidance will be provided to visitors outlining the need to minimise noise disturbance. Any noise complaints which may arise will be investigated and mitigated where appropriate.

PROPOSED HOURS OF OPERATION

Through discussion with North Herts Planning the following hours of operation have been proposed:

- | | |
|--------------------------------|------------|
| • Mon-Fri | 8am to 7pm |
| • Sat | 8am to 3pm |
| • Sun, Bank or Public Holidays | 9am to 1pm |

These hours are considered to offer the least opportunity to clash with neighbouring residents private enjoyment of their properties.



BUILDING SPECIFICATION

The proposed Wellness Studio would repurpose a simple brick building erected as a double garage block. Refurbishment for the proposed use will require full refurbishment of the existing building fabric including lining of the external walls internally with high specification insulation. The clay tiled roof will also be refurbished with insulation added between and under the rafters. The new windows and entrance door which would replace the existing doors will be double glazed with weather seals. Taken together the new Wellness Studio will provide a thermally and acoustically insulated venue ensuring that noise generated internally will be isolated from the public realm.